

# Teacher CEU Toolbox

## **A Teacher's Guide to Suicide Prevention**

### **What is this course about?**

*This course is designed to teach you best practices in suicide prevention, intervention and postvention. Through the exercises in this course, you will learn how to identify students at risk for suicide, how to intervene effectively with at-risk students, and understand the necessary actions following a student suicide. Note: All lessons and materials titled "DIG DEEPER" are required for those earning 2 CEUs (20 contact hours), and optional for those only needing 2 hours of suicide prevention training. The minimum time for participant completion of this course includes both enrollment time and system logged in activity time. Enrollment time is a total of two calendar days (2880 minutes) from the moment of enrollment. Activity time includes 200 minutes logged into the system. This 20-hour course uses a combination of both time requirements to maximize participation and allow time for completion of ongoing assignments and assessments. Completion certificates are restricted until both time requirements are accomplished. The minimum time for participant completion of this course includes both enrollment time and system logged in activity time. Completion certificates are restricted until both time requirements are accomplished. It is suggested that you use this syllabus to seek prior approval from your individual licensing agency BEFORE registering for this course.*

- **Approved for 2.0 Continuing Education Units (CEUs) = 20 hours (20 clock hours) and/or 2 hours of Suicide Prevention training**

### **Course Objectives:**

- o Know the factors and warning signs indicating that a student is at risk for suicide and be able to identify these in students.
- o Be familiar with common myths regarding suicide and put aside past personal beliefs about suicide in order to better meet students' needs.
- o Know the teacher's role in a school suicide crisis response plan, including how to identify and refer at-risk students for further support.
- o Understand how to respond appropriately to suicide warning signs, determine the risk level, and report any concerns.
- o Be aware of necessary actions following a student suicide, including how to provide accurate information, talk to students about suicide, and prevent suicide contagion.
- o Know the meaning of the term "bullycide" and when students are at-risk for being bullied or bullying others.
- o Learn a multi-level approach to addressing bullying in the classroom and school environment.
- o Be aware of high risk populations and how to provide support to students belonging to these specific groups.
- o Understand how considering culture in interactions with students and families can assist teachers in suicide prevention efforts.

### *Unit 1: Suicide Prevention and Intervention*

The Teacher's Role in Prevention  
Crisis Response and Risk Assessment  
Dig Deeper  
Dig Deeper - Prevention and Intervention Case Studies

### *Unit 2: Suicide Postvention*

Implementing Postvention Procedures  
Preventing Suicide Contagion  
DIG DEEPER - Supporting Students After a Suicide  
Postvention Case Studies

### *Unit 3: Bullying and Cultural Considerations*

Addressing Bullying and Cyberbullying  
Supporting Students of High Risk Populations  
Creating a Bully-Free Classroom  
Bullying Case Studies

### **Intended Audience**

Educators looking to earn license renewal credits  
Educators who want to prevent suicide in their school communities  
Educators who want to learn more about suicide causes and school plans to handle crises

### **Session Dates and Costs**

This and all Teacher CEU Toolbox courses are self-paced. Once a participant purchases access to a course, that individual has one calendar year to complete the course requirements. Our courses are available 24 hours a day, 7 days a week. You can register and purchase access to courses online, via credit card, in our secure environment.

### **Course Access Cost:**

**\$99.95**

### **Course Credit Requirements**

- ✓ *This course is a 3 unit course*
- ✓ *You need an internet connective device and a reliable internet connection to take this course*
- ✓ *You must access all of the lesson pages to receive credit for the course*
- ✓ *You will have to complete lesson tasks that enhance course content*
- ✓ *You must take the Course Pre-Test, every unit quiz, and the Course Post-Test, and achieve a minimum score on the quizzes and the Post-Test to receive credit for the course (you have 3 chances to score the minimum score on each assessment)*
- ✓ *Please complete the course evaluation*
- ✓ *You may print out one, and only one, completion certificate*
- ✓ *If you have questions or problems, please email customer service at [help@teacherceutoolbox.com](mailto:help@teacherceutoolbox.com)*